## MISCARRIAGE SUPPORT TOOL Helping you on your journey



## MISCARRIAGE SUPPORT TOOL

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Find out your chance of a successful next pregnancy. Get personal sed information and support.

This tool has been developed for people who have had 1 or more miscarriages' and are considering a next pregnancy or are under 12 weeks pregnant.

**Get started** 

Miscarriage is the loss of a baby before 24 weeks. This includes late, early, molar, chemical and missed/silent miscarriages.

The results are really interesting. I wasn't expecting that much detail but it was great and made me quite emotional. This is such valuable information to have. It gives you the knowledge you need.

## **Tommy's Miscarriage Support Tool**

This tool is for people who have had 1 or more miscarriages as they consider their next pregnancy.

It will:

- tell you your chance of a successful next pregnancy\*
- give you information on tests and treatments that you should expect
- let you know about any actions you can take to reduce your risk of future miscarriages.

This clinically validated tool was developed by the **Tommy's National Centre for Miscarriage Research**. In my experience, parents often feel so anxious after their miscarriage experience that it's difficult to have the confidence to try again. This fantastic tool gives information and support to help them as they consider a next pregnancy.

Professor Siobhan Quenby

We want everyone, everywhere, to have the easily accessible up-to-date advice and support they need.

\*Your result will be based on the following factors only: Age, weight (BMI), number of previous miscarriages, number of live births, Polycystic ovarian syndrome (PCOS). If you have **any other known miscarriage risk factor** this tool may not give you an accurate result.

Try out the tool for yourself



If you know people who might find the tool helpful please share it www.miscarriagetool.tommys.org

> Tommy's Together, for every baby

This tool has been developed using data from research carried out by The Tommy's National Centre for Miscarriage Research.

Tommy's is a registered charity in England and Wales (1060508) and Scotland (SC039280)



In partnership with

Department for Digital, Culture, Media & Sport

Funded by the DCMS Tampon Tax Fund