Running to save babies' lives

How long will it take me to run the London Landmarks Half Marathon?
Please donate £2 (suggested minimum) to support Tommy’s and guess my finish time
Write your name next to the time you think I will take to complete the race
The guess closest to my actual finishing time will win:

Fill out your name and guess the runners finish time
Closing date: __________
Winner will be revealed by: __________
Promoter’s name & address: __________

All monies raised will be donated to Tommy’s.
The person whose guess is closest to the runners finish time, will win the prize listed above. If two guesses are exactly between the finish time, the lowest guess will win.
Tommy’s is not the promoter and does not accept any responsibility for your sweepstake.
For use in UK only.
Have a spring clean and sell that unwanted clutter and those unloved festive gifts. Sell them at a local car boot or online.

Put your Great British Bake Off skills to the test and sell as many cakes as you can. Not a baker? Ask a local bakery for donations.

Many employers offer to match money raised for charity. Don’t forget to check with your and a close family member’s workplace.

Request donations at school or work in return for dressing down. Comfy!

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Organise a coffee morning, breakfast brunch or Come Dine With Me dinner. Ask for donations for the tasty food and great company.

How to run your LLHM sweepstake overleaf
1. Source a prize for the winner.
2. Fill out the details at the top and bottom of the form.
3. Ask all your friends, family and colleagues to guess your finish time for a suggested donation. Ask them to fill out their name and guess in the box.
4. Announce the winner on the date you mentioned on the poster.
5. For details on how to pay in your fundraising visit: tommys.org/pay-in-your-fundraising

£350 could fund a Tommy’s midwife for a whole day on our Pregnancy Line, giving specialist pregnancy advice and invaluable support to parents. In 2018, our Tommy’s midwifes supported a 5,345 queries (over phone, email and website).

£500 could pay for a Fetal Health Monitoring Vest prototype currently being tested to monitor the baby’s wellbeing.

£1,000 could pay for the hire of an ultrasound scanner for two weeks at the Manchester Research Centre, enabling Tommy’s doctors to help identify babies who aren’t growing properly and give them the specialist care they need.

£2,000 could fund a PhD student for a month as they conduct research seeking to prevent miscarriage, preterm birth or stillbirth.

Find out more at tommys.org
Tommy’s is registered charity no 1060508 and SC039280