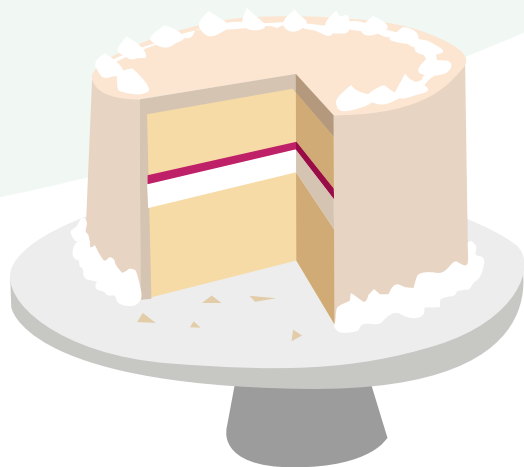


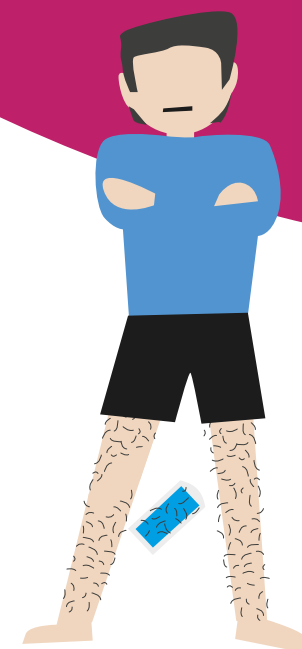
Tommy's

Together, for every baby



Fundraising A-Z

An alphabetical guide to lots of fun ways to help raise funds for Tommy's



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A stands for



Abseil - Make your way down the side of a building in name of Tommy's, ask people to sponsor you

Art Show - Are you a creative type? Why don't you set up an art show and charge entry? You could have a tea and coffee station alongside for some extra donations

Auction - Get local businesses to donate items and then auction these off in a fun 'highest bidder wins' event

Art and Craft Fair - Get in touch with local art and crafters and organise a fair, charge each stallholder a fee

B is for



Body Wax - Wax your way to fundraising success! Pick a date and ask for sponsorship to make your legs or chest hairless

Bake Sale - Channel your inner Mary Berry and get baking! Sell your creations to all your family, friends and colleagues

Bungee Jump - Adrenaline junkie? Get sponsored to take on the challenge

Ball - Everyone likes an excuse to dress up! Organise a masked ball, summer ball or white tie ball and charge for tickets. We have some fundraising materials that can help decorate the room

Bike ride - Take on a cycling challenge to support Tommy's

Bag packing - Speak to your local supermarket and ask them if you can pack some peoples bags at the end of the tills for donations.

Birthday Celebrations - Instead of gifts ask for donations to Tommy's

BBQ - Come rain or shine, celebrate the summer with a BBQ. Ask for donations for the food and maybe make some jugs of Pimms to help wash it down

Barn Dance - Put your dancing shoes on and host a hoedown for your friends, family and neighbours

Bingo - 2 little ducks? 22! Host a bingo night and charge entry, don't forget to use all the rhymes!

Busking - Musically talented? Use your skill to raise some much-needed funds

C is for



Coffee Morning - Host a coffee morning with friends and ask for a donation

Car Boot Sale - Sell items that you no longer use out of your boot, if you prefer the comfort of your own home, how about Facebook marketplace?

Come Dine With Me - Be the host with the most, or the hostess with the mostess! Get your friends, family or colleagues together for a lavish dinner party, scrumptious dishes and great company, ask for a donation for the food

Christmas Jumper Day - Encourage all your colleagues to wear a Christmas jumper for a donation. Not into the festive season? How about getting everyone to wear a certain colour jumper, or get everyone to wear stripes

Cocktail Night - Think you can make a mean mojito or a magnificent margarita? Invite your friends' round and charge for the drinks

Christmas Carols - Host a festive singsong for your local community

Car Wash - Offer to wash your neighbours cars for a fee, get all your friends roped in to help you

Comedy Night - Determined to find the next Michael Macintyre? Host a comedy night to support local comedians and charge entry

Collection - Take it back to basics and do a bucket collection. We have collection tins and boxes that we can send you out for free

Ceilidh - Organise a Ceilidh for everyone you know and hope you can all keep in time

Casino Royale - Embrace your inner 007 and host a casino night. Donate the money to Tommy's

D stands for



Dog Walking - Get fit and raise money at the same time

Dinner Dance - Ask local restaurants if they have a space you can rent out to host a dinner and dance party for your friends

Dog to Work Day - Persuade your boss to let everyone bring their dogs to work for a fee

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E stands for



eBay - Sell your unwanted goods on eBay, make sure to mention that the money is for Tommy's as people may wish to bid higher

Easter Egg Hunt - Celebrate Spring by hosting an Easter Egg hunt

Eighties Evening - Rummage the back of the wardrobe for your old Madonna or George Michael inspired outfits for an evening of eighties fun

Eat it or Wear it - Get your friends and family to bring random items of food or drink, you then just have to either eat it... or wear it, for a donation!

H is for



Hiking Challenge - As little or as far as you want, but make sure to get some sponsorships

Halloween Party - Host a spooktacular party and ask for a donation

Human Fruit Machine - Get some friends involved to help you make a human fruit machine, charge people to play

Hundreds of Coins - Rope in everyone you know to create a giant picture or pattern with coins

F is for



Film Night - Host the latest blockbuster for a donation, don't forget the popcorn!

Fashion Show - Ask friends to strut their stuff down a catwalk, charge an entrance fee

Firework Night - Get in touch with the organisers and see if you can sell some sparklers at a local firework show

Fancy Dress Day - Can be held in your office, make sure to think of a theme

Football Tournament - Host a tournament, and get those who don't want to play to place a bet on which side will win

Fun Run - As little or as far as you want, but make sure to get some sponsorships

I stands for



It's a Knockout - Hire some knockout equipment, charge people to have a go and ask them to raise some sponsorship money

International Evening - Travel round the world and offer your nearest and dearest your cultural finds; maybe an Indian curry night, an Egyptian belly dancing class or an American 4 of July party

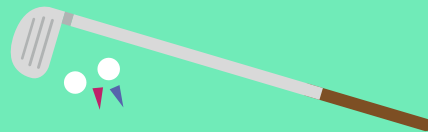
J is for



Jumble Sale - Get rid of things you don't use anymore and raise money for Tommy's

Japanese Night - Host a sushi making class for a donation

G stands for



Give Up something for a day, week, or month - How about no sugar, no coffee or no TV

Guess the Weight or amount in a Jar- charge a pound per guess

Garden Party - Enjoy traditional English garden games with your friends and family

Games Night - Maybe a board game night, a charades night, or an X-box tournament, get people to donate

Golf Challenge- Ask people to sponsor you to tee off. Not into a full blown 18 hole round? Find a local mini or crazy golf course

K stands for



Karaoke - Know some friends that could do well on the X-factor? Get them to battle it out

Keep Fit Challenge - Get people to commit to an exercise goal with some money, if they achieve it- they get the money back, if they don't- the money goes to

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L stands for



Ladies who Lunch Day - Host a luncheon

Loose Change Collection - Set up a jar in a prominent place and see how much loose change people have

Live Music - Get in touch with local musicians and charge entry

Leap Year Challenge - Do something extra special on the extra February day, all proceeds to go to Tommy's

O is for



Office Swear Jar - Put a swear jar on your floor and implement a £1 charge for each breach of etiquette

Olympics, or Office Olympics - Get competitive and host some Olympic style races, don't forget to ask for donations!

Open Garden - Have a green finger? Open your gardens for people to see

Office Party - Any excuse right? How about a summer party, an end of quarter party, or a hump day party?

M is for



Murder Mystery - Whodunit? Get your friends to try and solve the mystery and ask for some donations

Mad Hatters Tea Party - Get "curiouser and curiouser" and step into wonderland. Host an afternoon tea party, you never know who'll you'll meet along the way!

N stands for



Non-Uniform Day - Simple but effective, charge per person

National Three Peaks Challenge - Take on the challenge and get sponsored to do it

Netball Tournament - Host a fun netball challenge to see who can shoot the most hoops!

P stands for



Pick my Playlist - Do you run to music? Let your friends and family decide the songs for a training run or an event- They can be as cruel or as kind as they like... for a donation!

Promise Auction - Get family, friends, colleagues or local businesses to donate a promise (maybe an hour of baby-sitting, a freshly baked birthday cake, or free stay in a holiday cottage) for people to auction over

Party Games - Pin the tail on the donkey, pass the parcel, Simon says. Host a throwback party and ask for some donations

Personal Challenge - Do whatever takes your fancy, and ask for sponsorship

Pampering Evening - Get in touch with a beauty guru to incite their knowledge on your friends and family for an evening of relaxation

Pancake Race - Who can flip the pancake the most?

Picnic - Sandwiches and pots of tea, have a summer picnic for some donations

Q is for



Quiz - Be like Jeremy Paxman or Bradley Walsh and put your family and friends knowledge to the test

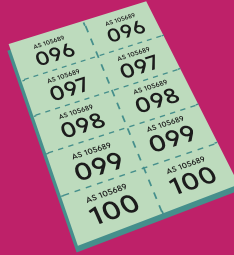
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R stands for

Raffle - Ask around for some prizes and host a raffle, big or small and see the donations flow in- see our guide for inspiration and information

Radio Bingo - Ask people to donate for a bingo sheet, pick your songs, choose a random station and the first person to get a full house wins a prize

Recipe Book - Think of yourself as a budding chef? Create a recipe book or e-book and sell it



U is for

University Challenge - Step up your quizzing, and host this tricky quiz for your friends

University Reunion - Why don't you combine a university reunion with another fundraising idea as a way to see old friends and gather some donations

Unwanted Presents Sale - sell them online or at a car boot sale!



V stands for

Vegan Feast - Cook up a storm and invite your friends' round to enjoy your creations

Valentines Event - Host a loving event for some donations

Vintage Sale - Have a clear out and sell those vintage items for some money



S is for

Sweepstake - Order or print our fun sweepstake, the winner gets half and Tommy's gets the other half

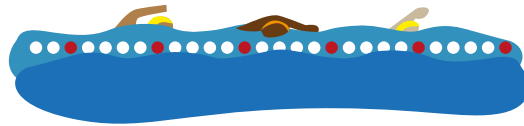
Swimming - Take on a swimming challenge, maybe try to swim the length of the channel over a few months

Sponsored Silence - Sssh!

Skydive - If you dare, jump out of a plane for some sponsorship

Superheroes day - charge people to dress up as their favourite superhero

Street Party - Get in touch with your local council to host a street party, raise some much-needed funds along the way



W is for

World Record Attempt - This could be anything you want, but make sure to get some sponsorships

Wine Tasting - Consider yourself a wine connoisseur? Sell tickets to a wine tasting event

Window Cleaning - Scrub all your neighbours windows squeaky clean for a donation



T stands for

Tommy's Tea - Host an afternoon tea all the name of Tommy's

Tombola - Speak to local businesses about donating some items for a tombola



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X stands for



X Marks the Spot - Organise a treasure hunt with some treasure for the winner, get people to pay for entry, use geocaching for some inspiration

X-box Tournament - Have a night in, and ask for some donations

Y is for



Yorkshire Three Peaks Challenge - Take on the Northern challenge for sponsorship

Yoga-a-thon - Maybe if you don't want to commit to a full day of yoga, why not just host a yoga session, ask people to pay for entry

Year Challenge - Do a small challenge every day for a year, gather some sponsorships for it

Z stands for



Zumba - Dance your way to fundraising success

Download a sponsorship form and get fundraising here!

For all fundraising ideas, how-tos and guides please click here



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